

Profile

Talent Management



AESHA SCOTT

Aesha is best known for her role as a beloved 'Chief Stew' on the global reality juggernaut '*Below Deck*' franchise. In 2025, Aesha and her fiancé Scott competed in the latest series of *The Amazing Race Australia – Celebrity Edition*, where they made it all the way to the final episode after an amazing effort racing through the Himalayas, Nepal, Sri Lanka, Uzbekistan and more. She also starred in Channel 10's 2023 series of '*I'm a Celebrity Get Me Out of Here*', making it to the finale and coming in third place.

Aesha can be seen on the most recent season of *Below Deck Mediterranean*. Scott was a fan-favourite on seasons four and five of the global hit show, and returned in 2024 for season nine, much to the delight of fans globally. Aesha also starred in season one of '*Below Deck Down Under*', and was Chief Stew in the Emmy-nominated second season. Known for her entertaining antics, side-splitting sense of humour and unmistakable voice, Scott has fast become one of the most popular stars in reality television. Aesha's massive popularity has also meant she is highly sought-after talent for brands, and has recently worked with global names such as Kathmandu, Turo, and Smirnoff. She recently embarked on a passion project – launching 'Drop' alcoholic coconut water, currently stocked in Dan Murphy's Australia-wide.

Raised in Tauranga, a small coastal city in New Zealand known for its gorgeous beaches and mountains, Scott grew up the middle child in a family of six children. She faced adversity at an early age with divorced parents, a mother who struggled with alcoholism, siblings with mental health issues and a brother who tragically lost his life to brain cancer. While these issues often tear families apart, it brought Scott's family closer together.

Following high school, Scott went on to obtain a double science degree at Victoria University in Wellington, NZ. After working in a kiwifruit lab following graduation, Scott decided she needed more adventure in her life and along with her sister went to Antibes, France, to look for work on a yacht. Her first job was as a deckhand on a small boat where she worked tirelessly for an unappreciative captain. She quit her job and returned home only to venture out again the following year, this time as a stewardess on a much larger boat where she finally got hooked on yachting life. She worked on yachts for five years and was then approached about joining the '*Below Deck*' family.

Scott's hobbies include paragliding, yoga, travel, walking and she loves to lead a healthy, balanced lifestyle. While she frequently travels the world by land and sea, Aesha has recently put her roots back down in her hometown of Tauranga, NZ. Aesha regularly moves between Australia and New Zealand for business projects, brand collaborations, events and media engagements. She is also a proud ambassador for Peace of Mind Foundation, a nationwide not-for-profit providing support to brain cancer patients and their families across Australia.

Scott can be followed on Instagram @aesha_jean.

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